

JOIN OUR TEAM

YOUTH VOICE

PANEL MEMEBER



YOUR VOICE MATTERS. HELP SHAPE SUPPORT FOR YOUNG PEOPLE.

At Sport 4 Life UK, we believe in a level playing field where every young person has the opportunity to create a better future.

Thank you for your interest in joining Sport 4 Life's Youth Voice Panel.

Our Youth Voice Panel was created to ensure the voices, experiences, and ideas of young people genuinely shape what we do.

Being part of the panel means more than giving feedback. It means influencing decisions, shaping

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WHAT IS THE YOUTH VOICE PANEL?

The Youth Voice Panel (YVP) is a group of young people who work alongside Sport 4 Life staff to help guide and improve our work.

Panel members use their lived experience to:

- ✓ **Share honest feedback on programmes and services**
- ✓ **Shape campaigns, communications, and messaging**
- ✓ **Contribute to strategic work such as our mission and Theory of Change**
- ✓ **Support events and work together to advocate for young people, influencing change across the community and wider region**

This is not a tick-box exercise. The Youth Voice Panel plays an active role in influencing real decisions, and we are committed to listening and acting on what you tell us.

HOW YOUTH VOICE INFLUENCES DECISIONS

At Sport 4 Life, the Youth Voice Panel doesn't just share opinions, it plays a meaningful role in shaping our work.

What the panel can influence:

- ✓ Programmes, activities, and events for young people
- ✓ Campaigns, social media, and communications
- ✓ How we reach, support, and engage young people in our communities

How feedback is used:

- ✓ Panel feedback is shared directly with Sport 4 Life staff, and where relevant, with senior leaders and trustees
- ✓ All ideas and recommendations are considered and acted on where possible
- ✓ If a suggestion can't be implemented, the panel will be given a clear explanation, so members always know their voice is valued

Reporting and decision-making:

- ✓ Youth Voice insights are included in reports to senior leadership and trustees
- ✓ Feedback loops ensure the panel sees how their ideas have influenced decisions, campaigns, and programmes
- ✓ Panel members may also be invited to present their views at events or meetings, showing how young people help shape Sport 4 Life's work

Welcome from the Chair

My name is Macey, and I'm proud to be stepping into the role of Chair for the Youth Voice panel at Sport 4 Life. Professionally, I work in recruitment, where I spend my time connecting people with opportunities and supporting individuals to grow and succeed in their careers, something that's reinforced just how important it is that people feel heard and represented.

I joined the Youth Voice Panel because I strongly believe young people should have a genuine say in the decisions that affect them. This panel is about creating a safe, open, and supportive space where young voices are not only listened to, but truly valued, helping to shape the direction of the charity and the work we do together.

With the support of fellow members, I'm hoping we can build a collaborative group that encourages honest conversations, fresh ideas, and meaningful change. I'm really looking forward to working alongside passionate young people who want to make a difference and ensure their peers are represented.

Together, we have a real opportunity to make sure young people's voices shape meaningful change, and I'm excited about what we can achieve as a group.



Roles Available

Youth Communication Rep

The Youth Communications Rep helps keep everyone informed by sharing updates, capturing key points from meetings, and supporting communication across the panel.

Key responsibilities:

- ✓ **Take notes during meetings**
- ✓ **Help track actions and follow-ups**
- ✓ **Support communication between panel members and staff**

Marketing Representative

The Marketing Representative helps make sure Sport 4 Life's campaigns and messages have a real impact on young people, shaping content and ideas that engage and inspire.

Key responsibilities:

- ✓ **Give feedback on social media, campaigns, and content**
- ✓ **Help make sure messaging is youth-friendly and accessible**
- ✓ **Share ideas for engaging young people online and offline**

Youth Voice Panel Member

General members play a vital role in sharing views, ideas, and lived experiences.

Key responsibilities:

- ✓ **Take part in discussions and activities**
- ✓ **Give feedback on programmes, services, and events**
- ✓ **Support panel-led projects and social action**

About the roles

Time Commitment

Role length: 2 years

Attend 8 panel sessions over 2 years (plus monthly check-ins and occasional independent tasks from home)

Between meetings

Independent tasks you can complete from home

Monthly check-ins with staff for support and updates

We understand young people have other commitments, so flexibility and support are built into the role.

Events You'll Support

As a Youth Voice Panel member, you may have opportunities to support and attend a range of events, including:

- ✓ **Rise Up – Sport 4 Life's fundraising event**
- ✓ **Volunteering days and community activities**
- ✓ **External celebrations and launch events**
- ✓ **Social action projects led by young people**

These events are a chance to build confidence, gain experience, and represent youth voice in real spaces.

HOW TO APPLY

Applying is simple.

Visit our website and complete the Youth Voice Panel application form.

You'll be asked a few questions about why you'd like to join and what you'd bring to the panel.

No CV is required; we want to hear your voice.

