

JOIN OUR TEAM

TRUSTEE ROLE PACK

Ready to make a difference?



JOIN SPORT 4 LIFE UK AS A TRUSTEE AND HELP CHANGE YOUNG LIVES

At Sport 4 Life UK, we believe in a level playing field where every young person has the opportunity to create a better future.

As a charity dedicated to empowering young people through sports-themed personal development, we provide the skills, qualifications, and support needed to help them move into meaningful education, training, and employment.

We are seeking passionate and committed individuals to join our Board of Trustees.

As a trustee, you will play a crucial role in shaping our strategic direction, ensuring good governance, and safeguarding the financial health of the organisation. You will work alongside a team that is dedicated to changing lives and making a tangible impact on young people across the West Midlands.

View current Trustees [here](#)

WHY JOIN US?

By becoming a trustee, you will:

Contribute to a mission-driven charity that changes lives every day

Bring your expertise and perspective to help us grow and improve

Gain valuable board-level experience in governance, strategy, and leadership

Be part of a passionate and supportive team dedicated to making a real difference

OUR MISSION

We empower young people to reach their potential by providing the skills, qualifications and support needed to find work and shape successful futures.

Our transformative programmes are designed to empower young people by providing them with high-quality mentoring, employability guidance and sports sessions.

Our vision is to create a level playing field where every young person has the opportunity to create a better future for themselves.

OUR VALUES

All that we do is focused on CHANGING the LIVES of young people.

This is our North Star and guides everything that we do.

We are a TEAM

We are a conscientious, approachable and trusting group with a common goal. We do our roles effectively, share in the success, and take responsibility in the failures.

QUALITY runs through the core of the organisation

We aim to be a beacon of good practice in all we do. We are data led and evidence based, dependable for all those we support and work with. Most importantly – we do what we say we do.

We do not stand still – we are a PROGRESSIVE

We are a group with a growth mindset, leaving our egos at the door. We are curious, take feedback constructively, have a continuous approach to learning and embrace change.

WHY WE EXIST

More children and young people are living in poverty and disadvantage than ever before.

By the time they reach school, they are already behind their peers and significantly more likely to leave without good qualifications.

As young people transition out of education, they face the very real prospect of being long-term NEET.

As a result, young people are more likely to be welfare dependent as they grow up.


4.3m
children in the UK
live in poverty


66,000
children in West Midlands
schools are denied Free
School Meals

12.6%
of all young people aged
16-24 in the UK are NEET

24%
of young people have
experienced a period of NEET
between the ages of 18-25


25%
of NEET young people
face mental health
challenges

WELCOME FROM THE CHAIR

Thank you for expressing an interest in becoming a Trustee on our Board. There has never been a more challenging time for young people growing up in the UK.

One in four children live in poverty, recorded knife crime has more than doubled in the past five years, and 80% of young people report a decline in their mental health. Youth unemployment is at an all-time high, while youth services have been reduced by over 40% since 2015. The impact of COVID-19 and the rising cost of living has only deepened these inequalities, making our work more vital than ever.

Despite these challenges, there is hope. Community sports organisations like Sport 4 Life UK exist to break down barriers, providing young people with the opportunities, skills, and support they need to thrive. We are proud to be part of this movement, offering vital resources and services to those who need them most.

Our team is made up of passionate, skilled individuals committed to creating positive change.

The Trustee role is an exciting opportunity to help steer Sport 4 Life UK into the future. We are looking for individuals who bring fresh perspectives, lived experience, and professional expertise to strengthen our Board.

Whether you have experience in legal, fundraising, business development, HR, or another relevant field, your insight and leadership can make a meaningful difference.

I truly appreciate you considering this role. Regardless of whether you choose to apply or are successful in your application, I am grateful for your interest in supporting Sport 4 Life UK and our mission to empower young people.

M. Gahir

Mike Gahir
Chair of Trustees



YOUR ROLE AS A TRUSTEE

As a trustee, you will be responsible for:

- ✓ **Championing Sport 4 Life UK's vision, mission, and values**
- ✓ **Ensuring the charity operates legally, ethically, and effectively**
- ✓ **Providing strategic oversight and helping to shape our long-term direction**
- ✓ **Maintaining financial oversight to ensure sustainability and impact**
- ✓ **Supporting and constructively challenging the CEO and Executive team**
- ✓ **Promoting best practices in governance and decision-making**
- ✓ **Acting in the best interests of the charity and its beneficiaries**
- ✓ **Acting as effective advocates and influential ambassadors for Sport 4 Life UK and sport for social change**



WHAT WE'RE LOOKING FOR

We welcome applications from individuals with a range of skills and backgrounds.

In line with our Equality, Diversity and Inclusion approach, we encourage applications from under-represented groups.

You don't need prior trustee experience—just a passion for making a difference and a commitment to our mission. We are particularly interested in individuals with expertise in:

- ✓ **Legal and governance**
- ✓ **Fundraising and income generation**
- ✓ **HR and people development**

Above all, we are looking for individuals who share our commitment to changing lives, embrace teamwork, value quality, and are open to learning and growth.

Time commitment & support

- ✓ **Trustees typically attend four board meetings per year, plus an annual strategy day**
- ✓ **Additional involvement may include supporting key initiatives, attending events, or offering expertise in specific areas**
- ✓ **A full induction and ongoing support will be provided to help you succeed in the role**

Remuneration: Trustees are not remunerated, but reasonable expenses are paid.

TIMELINE

Applications open	21st April
Deadline to apply	18th May
Interviews scheduled	26th May – 13th June
Induction period	July
First Board meeting	Early August




3,453

young people
supported

HOW TO APPLY

If you are passionate about using your skills to create a lasting impact on young people's lives, we'd love to hear from you. With your help, we can create a brighter future for young people through the power of sport and personal development.

To express your interest or to find out more, please contact [Tom Clarke-Forrest](#) or apply [here](#)



CHANGING LIVES THROUGH
THE POWER OF SPORT
SPORT4LIFE.ORG.UK