

GET FIT 4 EMPLOYMENT



Get Fit 4 Employment is a sports-themed employability programme that supports young people to get back into education, employment, and training.

- Develop life skills
- Improve employability
- Gain a leadership qualification



What's included?

- WEEK 1 Level 1 in Sports Leadership
- WEEK 2 Employability Skills
- FREE bus travel cards
- FREE Trips
- You will receive a **£10 High street Voucher** on completion of the first and second week
- **Up to £80 bursary** on completion of the 2 week course

Who's it for?

16-29 year olds, not undertaking any training, not in education or employment

When is it?

Starting Tuesday 19th June , 3 days a week (Tue,Wed,Thur), for 2 weeks. 10am-3pm

Where is it?

The Light House, 100 Alma Way, Birmingham, B19 2LN

Interested?

Get in touch with Ashley to sign up for the programme
Phone: 0121 456 1818
Mobile: 07519 810923
Email: ashley@
sport4life.org.uk

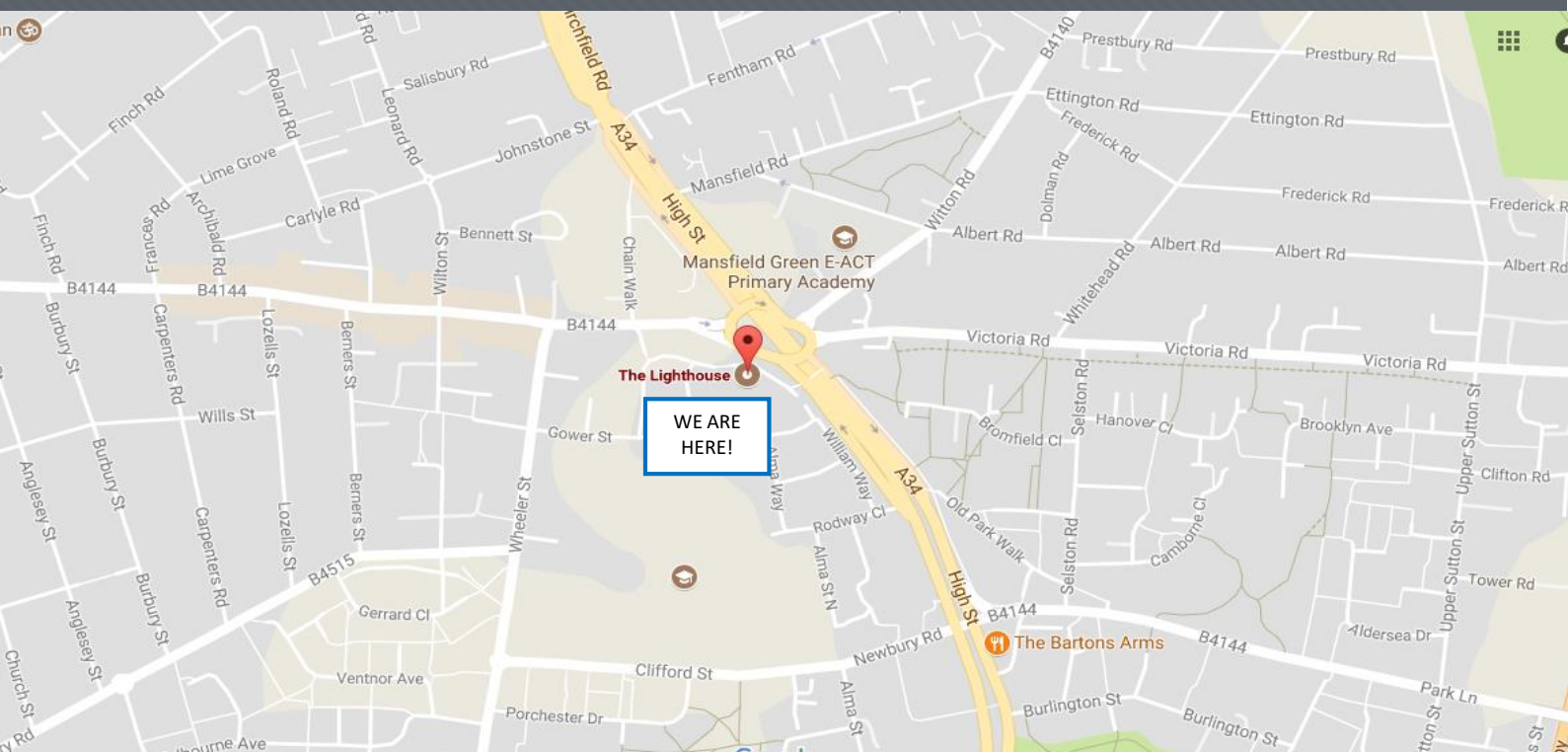
To refer a young person to the programme visit www.sport4life.org.uk/referral

Find us online and on social media:
www.sport4life.org.uk

   Sport4LifeUK



HOW TO FIND US



The Lighthouse Young Peoples Centre

Address: 100 Alma Way, Aston, Birmingham, B19 2LN

The following buses will take you within walking distance of the lighthouse : 51, 33, 7, 46

Call Ashley if you need directions: **07519 810923**