

# BE POSITIVE – Washwood Heath

Are you interested in sport?

Want to get active and make a difference in your community?

Sport 4 Life are running **FREE** sports sessions for **BOYS AND GIRLS** aged **8 to 11** and **12 to 16** who live in the Washwood Heath Area.

There will also be the opportunity to take part in tournaments, go on residential trips, gain qualifications and more!!



For more information on how to get involved in the project, contact Leon on [0121 456 1818](tel:01214561818) or [leon@sport4life.org.uk](mailto:leon@sport4life.org.uk). See full timetable overleaf.

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	<b>When?</b>	<b>What?</b>	<b>Who?</b>	<b>Where?</b>
<b>Monday</b>	5.00pm to 7.00pm	Sports and Leadership qualification	Boys, 12-16	Rockwood Academy School Naseby Road B8 3HG
<b>Tuesday</b>	5.00pm to 7.00pm	Sport and Leadership qualification	Boys, 12-16	Naseby Youth Centre Naseby Road, B8 3HG
<b>Thursday</b>	5.00pm to 7.00pm	Sport and Leadership qualification	Boys, 12-16	St Margaret's Church St Margaret's Road B8 2BA
<b>Saturday</b>	10.00am to 12.00pm	Sport	Boys/Girls , 8-12	Rec Park